



QUBECARE

Responsibility • Accountability • Care



Lifeline

Saving Lives

Crisis Support. Suicide Prevention.

Call 131114 FREE SERVICE

or use our Free Crisis Support Chat

@ www.lifeline.org.au



CRISIS SUPPORT CHAT

AccessEAP

People in focus



Call 1800 81 87 28

www.accesseap.com.au

If you are needing guidance, give AccessEAP
a call to find out how we can help.

We're available by telephone 24/7 to provide
immediate help for urgent matters.